

# Moira Bolingbroke – Case Study: Public Sector

## THE CHALLENGE

In the last 18 months that I have worked with Moira, I have discussed with her and been aware of her developing knowledge and skills in coaching. She provided me with a number of coaching sessions, which I found extremely useful, at a time when I had been feeling “stuck.”

## THE OUTCOME

I found that Moira was able to make me feel at ease with the sessions, as she is able to easily build rapport and trust. Moira is able to sensitively challenge, asking pertinent questions that made me think about my own pre-conceived ideas and feelings, and where these came from. Moira was able to discuss with me my objectives, and then structure sessions so that I could measure my own progress or changes.

Moira helped me to take responsibility for my own learning and development, encouraging me to continue my thinking outside of the sessions. This ensured that we were both prepared for the sessions, and maximised the usefulness of the time that we spent together.

## CLIENT TESTIMONIAL

I would highly recommend Moira’s coaching skills to anyone, and feel that she is a competent and trustworthy individual who has great personal integrity and an innate ability to help people to look closely at themselves. She demonstrates excellent listening skills and genuine interest in the personal development of others.

Moira is a confident and professional individual who can relate to people at all levels. She has clear professional boundaries and will confront and challenge, in a sensitive and supportive way. She is thoughtful and insightful, and is able to understand others learning styles. She is particularly creative and self aware, and able to adapt her own style to maximise others experience of coaching.

CHIEF EXECUTIVE

Public Sector

## MOIRA BOLINGBROKE BACKGROUND/SUMMARY

Moira Bolingbroke is a trained organisational consultant, specialising in performance coaching. Moira Bolingbroke has been involved in the public sector throughout most of her career, and is an experienced project manager with expertise in the criminal justice system.

Moira Bolingbroke’s expertise spans across a range of services comprising: the probation service, social services police service, and also with local councils and the voluntary sector.

Moira Bolingbroke has a successful track record of collaborative partnership working.



## MOIRA BOLINGBROKE

*Organisational Consultancy & Coaching*

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**Moira Bolingbroke**